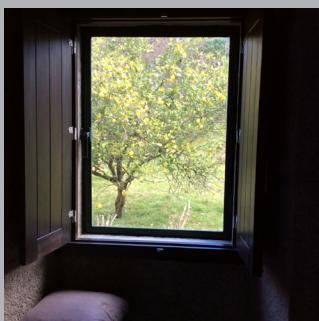




HOSPITALIDADE / *Hospitality*



8 suites em 3 alas do Convento, com uma cozinha ou copa em cada ala.

4 salas comuns: 2 para refeições e jogos de mesa; e 2 com lareira para convívio e leitura.

Pequeno-almoço incluído, com bolo e doces caseiros.

Almoços e jantares de comida típica, por marcação (possibilidade de menus vegetarianos).

8 ensuite bedrooms in 3 areas of the Convent, with a kitchen or a pantry accessible in each section.

4 living-rooms: 2 for meals and table games; and 2 with a fireplace for socializing and reading.

Breakfast with homemade cakes and pastries is included.

Lunches and dinners available upon request - delicious homemade regional food (vegetarian meals available).

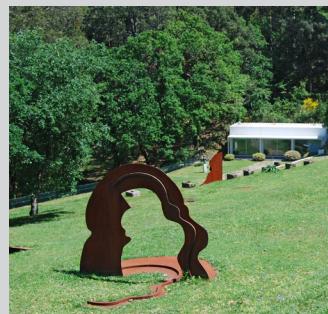


O Convento de Sanpayo, convento franciscano do sec. XIII é, desde a década de 70, o refúgio do escultor José Rodrigues. A sua marca pode ver-se quer nos jardins, salpicados de pombas, céu e corpos esculpidos, quer no interior onde se misturam as suas obras, as dos seus mestres e amigos, e a arte sacra e oriental.

Existe também um Museu com a sua coleção particular, cujo bilhete está incluído.

San Payo Convent is a franciscan convent built up in the XIII century. During the 70's, this structure became a private sanctuary for the sculptor José Rodrigues. You can see his signature throughout the gardens, dotted with doves, sky and sculpted bodies; and throughout the interior of the Convent, where his art is mixed with his masters' and friends' works and with sacred religious and oriental art.

There is also a museum with his private collection, whose admission is included in the accommodation rate.



NATUREZA / Nature

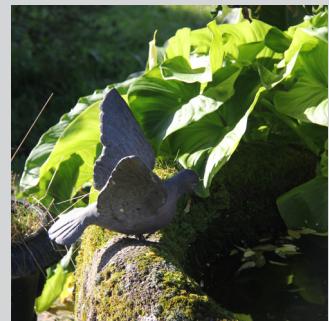


O Convento está completamente imerso no Monte de S. Paio ou Monte da Pena, ficando a 8 km da aldeia mais próxima.

No caminho até à cabana e aos dois lagos com peixes que existem na mata privada encontram-se carvalhos e eucaliptos com mais de meio século. Nos jardins que rodeiam o Convento há ovelhas a pastar, árvores de fruto e flores ao longo de todo o ano.

The Convent is completely immersed in S. Paio Mountain also known as 'Monte da Pena'. It is situated 8 km from the nearest village.

In a walk towards a wooden cabin and its two ponds teeming with fish, you can find oaks and eucalyptus that are more than half a century old. In the gardens surrounding the Convent there are herds of sheep grazing, fruit trees and flowers blooming throughout the year.



Quase 700 anos depois de ter sido escolhido por frades franciscanos para a contemplação, descubra nas caminhadas na mata, nas leituras no claustro e na capela, ou ao sol nos jardins com a vista sobre a "Ilha dos Amores" e a foz do Rio Minho o seu local ideal para se desligar do mundo e recuperar energia.

A piscina exterior será o complemento perfeito para os dias quentes de verão.

Almost 700 years after being chosen by Franciscan friars as their place of contemplation, you too can discover the perfect environment to leave the world behind and re-energise, either by walking in the woods, reading in the cloister and in the chapel, or sitting in the sunny gardens which overlook the Rio Minho and "Lovers island".

The outdoor pool will be the perfect complement on the hot summer days.

EQUILÍBRIO / Equilibrium

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Nas Proximidades / In the surroundings:

Viana do Castelo - 47 km

Braga - 85 km

Guimarães - 100 km

Porto - 115 km

Vigo (Espanha/ Spain) - 64 km

Santiago de Compostela (Espanha / Spain)

- 141 km

Corunha (Espanha / Spain) - 182 km

